

<p>Start: Both facing outside the Line of Dance (LoD), Leader behind Follower</p> <p>Sweetheart position for hands</p>	<ul style="list-style-type: none"> • Leader behind Follower both facing out from the LOD circle . LOD to the left. • Leave some space between the bodies. • Follower’s hands up just over shoulders, palms facing forward • Leader’s right hand fingers in Followers palm, Leader thumb behind the palm. • Leader’s left fingers in follower’s left palm, leader’s thumb behind followers left palm. • Weight on right foot for both partners • This dance uses the same “Leader rocking chairs while Follower does turns” sequence that Baby You Do partner dance uses. In this dance it is done along the LOD track; in Baby You Do, it is done across the LOD track. We call it the Baby You Do sequence
<p>First 4 counts: Footwork starts the same; facing out</p> <p>Cross rock left over right and recover</p> <p>Triple step left in place (cha cha cha)</p>	<ol style="list-style-type: none"> 1. Cross left foot in front of and further against LOD, angle toe against LOD and allow body to twist against LOD. Weight to left. Note that there must be space between the partners so that Leader’s left foot can cross in front of his right foot without kicking the Follower in the leg. 2. Recover on right foot 3. Step left foot back to original position, body facing out from LOD circle “AND” step right foot in place 4. Step left foot in place. <p>Note the triple step can move slightly sideways along LOD. The distance moved will be smaller the faster the music’s beat per minute (tempo).</p>
<p>Second 4 counts: Weave to the left along LOD, facing out.</p> <p>Use body turns to emphasize the “weave” motion if tempo is slow</p>	<p>This will be a bit easier if the partners maintain space between Follower’s back and Leadr’s front to allow space for feet to move between partners</p> <ol style="list-style-type: none"> 1. Step right foot across in front of Left foot and further along LOD. (Leader’s foot moves between partners). 2. Step left foot to the side along LOD. (Follower’s foot moves between partners). 3. Step right foot behind left foot further along LOD to the side. (Follower’s foot moves between partners).

	<p>4. Move left foot to the side further along LOD, slightly pointing left toe towards LOD</p> <p>Styling: For slower tempo music, you can emphasize the weave by turning the body slightly. On count 1, turn slightly towards LOD. On count 2, face out from LOD circle. On count 3, turn body slightly against LOD. On count 4, turn body to face out from LOD circle. Faster music does not give you time to weave your body.</p>
<p>Third 4 counts: “Baby You Do sequence starts”</p> <p>Leader does a Rocking Chair</p> <p>Follower does a pivot half turn followed by half of a rocking chair</p> <p>Note that since there was some space between the Leader and the Follower to do the weave, the Follower started on the outside of the LOD circle track, while the Leader was slightly inside. This results in the partners being offset</p>	<p>Foot work changes for leader and followers. At the beginning of this set of counts, you try do a quarter turn to face LOD. If you don't make the full quarter turn, that's OK. The text below will assume you make a quarter turn. You will do this pattern along whatever line you establish, whether it is along LOD or a bit diagonal to LOD</p> <p>Leader:</p> <ol style="list-style-type: none"> 1. Step forward a quarter turn on right foot, making a quarter turn to face LOD. . Weight on right foot 2. Recover by shifting weight back to left foot. 3. Step back on right foot. Stay connected with both hands, bring hands to chest height after follower has completed their pivot turn. Weight to right foot. 4. Recover by shifting weight to left foot. <p>Follower:</p> <ol style="list-style-type: none"> 1. Step forward making a quarter turn onto the ball of the right foot, facing LOD. Shift weight to ball of right and go up on ball of left foot. 2. Pivot half turn on the balls of feet to face against LOD. At the same time follower goes under the raised right hands. (Follower can only pivot to the left without tripping over themselves.) Weight shifts to left foot (which starts moving their body forward). Follower is now facing against of the LoD , looking at, but slightly offset from the Leader who is facing LOD. 3. Step right foot forward against LOD (Leader is stepping back in their rocking chair so space is clear). 4. Recover by shifting weight back on left foot. <p>Hands</p> <ol style="list-style-type: none"> 1. On count 1, Leader lifts right hands over the follower's head so follower will be able to turn. Left hand can stay at follower's chest height 2. On count 2, Follower is turning under raised right hands

<p>– the Follower’s feet are outside of the Leader’s feet. This is great because it helps you not step on each other’s toes. If you are not offset, you will need to make a minor correction in the next set of counts to have Follower return to Leader’s side</p>	<ol style="list-style-type: none"> 3. On count 3, Leader lowers both sets of hands such that left hands are just above Follower’s waist height, while right hands are at Follower’s chest height. The critical thing is that the right hands are higher than the left hands. Elbows will be bent so that hands are between the partners’ bodies. 4. On Count 4, if the feet are working correctly, the space between the Leader and Follower isn’t changing, so the elbows don’t flex and the hands remain in their position between the bodies. <p>If your arms are extending and contracting as the partners are doing their rocking chairs, then someone is out of step. Don’t panic, keep smiling and dance. We will tell you when to force yourself back into sync later.</p>
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<p>Fourth 4 counts: “Baby You Do” sequence ends</p> <p>Leader does another rocking chair</p> <p>Follower does half rocking chair and half turn to move into a side by side sweetheart position</p> <p>In side by side sweetheart position, the Follower’s back and Leader’s front</p>	<p>Written as if Leader is facing LOD and Follower starts off facing against LOD. (You made a full quarter turn at the start of the third set of counts.) If your bodies are offset, then on count 4, the Follower will end up alongside the Leader. If not offset, then partners will need to make an adjustment to have Follower return to Leader’s side.</p> <p>Leader:</p> <ol style="list-style-type: none"> 1. Step forward on right foot. Shift weight to right foot. Keep hands connected 2. Recover by shifting weight back to left foot. 3. Step back on right foot while dropping left hands. Shift weight to right foot. 4. Recover by shifting weight back to left foot. At this point the Follower has returned to right side of Leader with back to Leader. If the Follower was offset from the Leader, the Follower returns smoothly to the Leader’s side <p>Follower:</p> <ol style="list-style-type: none"> 1. Step back on right foot. Weight on right foot. 2. Recover by shifting weight forward to left foot. 3. Step right foot forward and across follower’s body, turning foot to point 90 degrees to the left foot. Shift weight to the ball of right foot. This starts twisting body to the left. 4. Swing left foot back and around to continue rotating the body further to finish alongside of Leader. Right foot is rotating on the ball of the foot. Shift weight to left foot.
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<p>are aligned so that Leader's right arm extends behind Follower's back</p>	<p>Hands:</p> <ol style="list-style-type: none"> 1. On count 1, keep connected hands between bodies. 2. On count 2, keep connected hands between the bodies 3. As count 3 begins, drop the connection between the left hands so Follower can pivot 4. As count 4 ends, reconnect into a side by side sweetheart connection. Leader's right arm is behind Follower's back, Leader's left arm is across his chest. <p>These counts end with both partners side by side facing the LoD, with hands in sweetheart position.</p> <p>If there wasn't sufficient offset maintained, then when Follower pivots to face LOD on count 4, Follower will be slightly overlapping in front of Leader. Correct this position on the next set of counts by having the Leader take a bigger step and slightly to the side to get in the correct side by side sweetheart position.</p>
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<p>Fifth 4 counts:</p> <p>Both do same steps</p> <p>Shuffle forward right</p> <p>Quarter turn right to face outside LOD as shuffle step to side (chasse)</p>	<p>If necessary, leader adjusts his first step to get in the correct side by side sweetheart position.</p> <p>If during the Baby You do sequence, your arms were extending and contracting, one of you is out of step. Ensure that you both start the shuffles on your Right foot to get back in step.</p> <p>If partners failed to turn fully enough to face LOD during the first count of the third set of steps (the beginning of the Baby You DO move), then the first step needs to turn to move along LOD.</p> <p>Both:</p> <ol style="list-style-type: none"> 1. Step right foot forward along LOD. Weight to the right "AND" slide left foot forward such that left toe is between right foot's heel and arch. Weight to left foot 2. Slide right foot forward along LOD 3. Step left foot further along LOD than the right foot, making a quarter turn to face out from LOD circle. This will put Leader's front to Follower's back. Maintain some space between partners' bodies. Weight to left "AND" Slide right foot next to left foot, weight to right foot
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	<p>4. Step left foot to the side further along LOD. Have feet roughly shoulder wide Weight to left foot</p> <p>Hands:</p> <ol style="list-style-type: none"> 1. Counts 1 -2 maintain sweetheart position 2. During counts 3-4, spread arms away from body, roughly at height of Follower's chest. Left arms pointing forward along LOD, right arms pointing against LOD. This preps for windmill move in next set of counts
<p>Sixth 4 counts:</p> <p>Windmill arms while doing half turn to left triple step (end facing towards center of LOD circle)</p> <p>Windmill arms while doing another half turn to left triple step (end facing outside of circle)</p> <p>Note that during the triple steps, the "AND" and the following steps are really almost only weight changes</p>	<p>Footwork Both:</p> <ol style="list-style-type: none"> 1. Swing right foot forward passing the left foot, moving further along LOD and around to half turn body to face towards the center of the LOD circle. Leader's right foot moves between the partners' bodies. Pivot on left foot so that toes point to the center of the LOD circle "AND" Shift weight to left foot (or slide it slightly) 2. Shift weight to the right foot 3. Swing the left foot "back" passing the right foot, and landing further along the LOD as it does a half turn to face the bodies to face out from the LOD circle. Pivot on right foot so that toes point out from the LOD circle. Leader's left foot moves between the partners' bodies "AND" Shift weight to right foot 4. Shift weight to left foot. At the end, feet will be about shoulder width <p>Hands:</p> <ol style="list-style-type: none"> 1. At the beginning of count 1, drop connection between left hands and raise right hands over Follower's head, so that Follower may turn under them. 2. By the end of count 2, reconnect left hands at Follower's chest height and lower right hand to same height 3. At the beginning of count 3, drop the connection between the right hands and raise left hands over Follower's head, so that Follower may turn under them. 4. By the end of count 4, re-establish sweetheart position with Leader behind Follower (not a side by side sweetheart) both facing out from LOD circle. <p>Note that the Leader and Follower need to discuss whether the windmill triple steps progress along LOD or whether the "triple step" will be only weight changes. If one partner is trying to</p>

	<p>progress along the LOD and the other is merely doing weight shifts, the partners will become off balance. (If you are off balance after the windmills, agree on what you are trying to do.)</p>
<p>Seventh 4 counts:</p> <p>Cross rock right foot over left</p> <p>Recover</p> <p>Triple step in place (cha cha cha)</p>	<p>Both together facing outside LOD circle, Leader behind Follower in sweetheart hand holds, with some space between bodies</p> <ol style="list-style-type: none"> 1. Step right foot across in front of left foot, further along the LOD than the left foot, toe angled towards LOD. Let body twist into a quarter turn to face LOD. Weight to right foot. Note that Leader's foot moves between the bodies, 2. Recover weight to left foot. 3. Step right foot back to its original position, body facing out from LOD circle "AND" step on left foot in place 4. Step on right foot in place <p>Note that if partners agree, the triple step could progress slightly against LOD.</p> <p>Hands remain in sweetheart position</p>
<p>Eighth 4 counts:</p> <p>Weave to the right</p> <p>End of pattern</p>	<p>Both partners will be moving against LoD, facing out from LOD, Leader behind partner</p> <ol style="list-style-type: none"> 1. Step left foot across the front of right foot, landing further down against LOD. Weight to left (Leader's foot moves between bodies.) 2. Step right foot to the side further against LOD than left foot. Weight to right 3. Step left foot behind right landing further against LOD than the right foot. 4. Step right foot to the side, further against LOD than the left foot <p>Styling: For slower tempo music, you can emphasize the weave by turning the body slightly. On count 1, turn slightly against LOD. On count 2, face out from LOD circle. On count 3, turn body slightly towards LOD. On count 4, turn body to face out from LOD circle. Faster music does not give you time to weave your body.</p>
<p>RESTART:</p>	<ol style="list-style-type: none"> 1. Cross left foot in front of and further against LOD, angle toe against LOD and allow body to twist against LOD. Weight to left. Note that there must be space between

Cross rock left over right	the partners so that Leader's left foot can cross in front of his right foot without kicking the Follower in the leg.
Recover	2. Recover on right foot
Triple step in place	3. Step left foot back to original position, body facing out from LOD circle "AND" step right foot in place
Triple step in place (cha cha cha)	4. Step left foot in place. Note the triple step can move slightly sideways along LOD. The distance moved will be smaller the faster the music's beat per minute (tempo).