

<p>Start: side by side facing Line of Dance (LoD), follower slightly further ahead LoD so follower's back aligns with leader's front</p>	<ul style="list-style-type: none"> <li>• Leader on Left</li> <li>• Follower on right slightly further ahead on line of dance</li> <li>• Follower hands up, palms forward, just above shoulders</li> <li>• Leader's right arm behind follower's shoulders</li> <li>• Leader's left arm across their chest</li> <li>• Right hands holding, left hands holding with leader's fingers lightly across follower's palms and leader's thumb on backside of follower's palms</li> <li>• Weight is on left foot; right foot free to move</li> <li>• Leader and follower's foot steps are the same.</li> </ul>
<p>First 4 counts: Shuffle forward right Foot</p> <p>Quarter turn to face out from LOD circle to start weave</p> <p>Both partners footwork is the same</p>	<ol style="list-style-type: none"> <li>1. Right foot steps forward "And" left foot slides forward so that toe is halfway between right foot arch and heel</li> <li>2. Right foot slides forward</li> <li>3. Left foot steps forward along LOD with a quarter turn to face out from the LOD circle</li> <li>4. Right foot steps behind left foot and lands further along LOD</li> </ol> <p>Shuffle steps are syncopated – the count is "1 And 2" or "3 AND 4" for three movements of the feet in two beats of music</p> <p>Hands – remain in sweetheart position</p>
<p>Second 4 counts: Continue weave</p>	<ol style="list-style-type: none"> <li>1. Left foot steps further along LOD with a quarter turn to face LOD</li> <li>2. Right foot swings around passing left foot to turn body to face inside LOD</li> <li>3. Left foot steps behind right foot (e.g grapevine like)</li> <li>4. Right foot does quarter turn to land along LOD body now facing LOD</li> </ol> <p>Hands</p> <ol style="list-style-type: none"> <li>1. On count 1, Leader raises joined right hands, and drops left hand connections</li> <li>2. On count 2, Leader extends joined right hands to point along LOD as the couple faces to inside LOD circle</li> </ol>

	<ol style="list-style-type: none"> <li>3. Count 3, Leader lowers joined right hands to below waist height</li> <li>4. On count 4, Leader starts raising joined right hands so that it is above Follower head by the next count.</li> </ol>
Third 4 counts: Lindy (Albro version)	<ol style="list-style-type: none"> <li>1. Left foot steps further along LOD with a quarter turn to face outside LOD (note that you may not make the full quarter turn, just complete facing out by count 2) “AND” right foot steps next to left</li> <li>2. Left foot steps to the side along LOD</li> <li>3. Step back on right (towards center of LOD circle)</li> <li>4. Recover weight on left foot</li> </ol> <p>Hands</p> <ol style="list-style-type: none"> <li>1. On count 1, start return to sweetheart position</li> <li>2. Stay in sweetheart through next set of counts</li> </ol> <p>Styling: On the Lindy rock step, one can over step right foot back turning <math>\frac{1}{4}</math> such that you face against LOD, instead of out from LOD on count 4. If you do that, then on the following count 1, you need to do a quarter turn to face out from LOD circle. This over turning and then turning back adds more “weave” appearance to the dance.</p>

Fourth 4 counts:  Continue weave with a shuffle sideways (chasse) step	<ol style="list-style-type: none"> <li>1. Step right foot sideways against LOD as you continue to face out from LOD circle</li> <li>2. Step left foot behind right and further against LOD</li> <li>3. Step right foot sideways further against LOD “AND” left foot next to right</li> <li>4. Step right foot to side</li> </ol> <p>Hands – still in sweetheart, start releasing on count 4</p>
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Fifth 4 counts:  Quarter turn, then half turn pivot to face LOD Shuffle left forward along LOD	<ol style="list-style-type: none"> <li>1. Step left foot further against LOD with a quarter turn so facing against LOD. Raise right foot to ball of foot</li> <li>2. Half turn pivot to the right to face LOD</li> <li>3. Step left foot in direction of LOD “AND” slide right foot to alongside heel of left foot</li> <li>4. Slide left foot forward</li> </ol> <p>Hands</p> <ol style="list-style-type: none"> <li>1. On count 1, release right hands, raise joined left hands</li> </ol>
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	<ol style="list-style-type: none"> <li>2. On count 2 as you both pivot, as pivot is ending, the joined left hands go behind leader's back</li> <li>3. ON count 3, reconnect right hands in front of couple, about waist high in front of follower</li> <li>4. On count 4, start prepping the Follower's turn by releasing the left hands that are behind Leader's back and starting to move joined right hands across Follower's waist to aid her turn</li> </ol>
<p>Sixth 4 counts:                  Leader 2x walks                  Then shuffle right</p> <p>Follower:                  Walking full turn                  (inside turn – to her left)</p> <p>Shuffle right</p>	<p>Leader</p> <ol style="list-style-type: none"> <li>1. Step right foot forward (smaller step to help with Follower's balance while she turns)</li> <li>2. Step left foot forward (smaller step)</li> <li>3. Step right foot forward                      "And" left slide to right heel</li> <li>4. Step right foot forward</li> </ol> <p>Follower</p> <ol style="list-style-type: none"> <li>1. Swing right foot around to half turn Follower to face against LOD</li> <li>2. Swing left foot around to half turn Follower to face LOD</li> <li>3. Step right foot forward                      "And" left slide to right heel</li> <li>4. Step right foot forward</li> </ol> <p>Hands:</p> <ol style="list-style-type: none"> <li>1. On count 1 starts, Leader pulls the joined right hands between their bodies to help the Follower turn towards the Leader and then to face against LOD (while Leader is still facing LOD)</li> <li>2. As count 2 starts, the Leader lets the joined right hands rise as Follower completes the turn to face LOD</li> <li>3. As count 3 starts, reconnect in sweetheart position as shuffle forward</li> <li>4. Stay in sweetheart position through the remainder of dance</li> </ol>
<p>Seventh 4 counts:                  Cross point 2X                  (Couple moves forward along LoD)</p>	<p>Both</p> <ol style="list-style-type: none"> <li>1. Cross left in front of right (or at least to in front of right)</li> <li>2. Point right foot to the side (touch outside of LOD circle)</li> <li>3. Cross right foot in front of left (or at least in front of left)</li> <li>4. Point left foot to the side (touch inside of LOD circle)</li> </ol>

	<p>Hands:                  You can add some styling by moving hands to emphasize the points. But stay in sweetheart hold. E.g. as right feet point out, move left hands away from body; then as left feet point out, move the right hands away from body. As you cross, bring hands to the sweetheart shoulder high normal position.</p>
<p>Eight 4 counts:                  Cross point                  Kick ball change</p>	<ol style="list-style-type: none"> <li>1. Cross left foot in front of right</li> <li>2. Point right foot to the side (outside LOD)</li> <li>3. Kick right foot                      “And” land on ball of right foot with weight change to right</li> <li>4. Change weight to left foot</li> </ol> <p>Hands:                  If styling as mentioned above during points, make sure hands are in sweetheart position for Count 3 – the kick.</p>
<p>Dance pattern repeats from start:                  Shuffle forward right Foot                  Quarter turn to face out from LOD circle to start weave</p>	<ol style="list-style-type: none"> <li>1. Right foot steps forward                      “And” left foot slides forward so that toe is halfway between right foot arch and heel</li> <li>2. Right foot slides forward</li> <li>3. Left foot steps forward along LOD with a quarter turn to face out from the LOD circle</li> <li>4. Right foot steps behind left foot and lands further along LOD</li> </ol> <p>Hands – remain in sweetheart position</p>