

Step Sheet for “Wash Your Hair”

(Can be done to any hustle style song, such as Stayin Alive)

Counts	Steps
First 8	4 toe struts starting right
1 - 2	Right foot forward on toe, then lower heel
3 - 4	Left foot forward, then lower heel
5 - 6	Right foot forward on toe, then lower heel
7 - 8	Left foot forward, then lower heel
Second 8	2x John Travoltas, then Wash your hair, Rinse it out
1	Point right hand downward left across body
2	Point right hand up in air and out to right side
3	Point right hand downward left across body
4	Point right hand up in air and out to right side
5 - 6	Take two counts to bend forward at waist, shaking your hands besides your ears
7 - 8	Take two counts to straighten up, shaking our hands besides your ears
Third 8	2 heels forward, two toes back, around the world with ¼ turn
1 - 2	Tap right heel forward one time for each beat
3 - 4	Tap right toe back one time for each beat
5	Tap right toe forward
6	Tap right toe out to side
7	Tap right toe back
8	Hitch (slightly bend) right knee as you quarter turn on left foot, swinging right side forward (counter clockwise)
Fourth 8	Grapevine Right with tap, Grapevine Left with tap
1	Step right foot to side as you move to the right
2	Step left foot behind right further to the right as you move to the right
3	Step right foot further to the right as move to right
4	TAP left foot next to right foot stopping movement to right
5	Step left foot to side as you move left
6	Step right foot behind left as you continue moving to the left
7	Step left foot to the side as you continue moving left
8	TAP right foot next to left foot stopping movement to the left
Last 4	Back 4 steps
1	Step right foot back
2	Step left foot back past the right foot
3	Step right foot back past the left foot
4	Step left foot back NEXT to right foot
Restart	4 toe struts starting right